

# Infused Water



The best way to make infused water is to use an infuser pitcher. The perfect pitcher is stylish, and also safe for boiling water. However, if you don't have an infuser pitcher, you can still make these recipes.

## Ingredients



## Instructions

1. In a large pitcher, place the desired combination of fruit or herbs. Add ice and fill container with water.

2. Add additional fruit or herbs to garnish, if desired. Remove any fruit, vegetables, or herbs after 24 hours. The infused water can be refrigerated for up to 3 more days (4 days total).

From **Skinny Taste** ([skinnytaste.com](http://skinnytaste.com))